



Resource Pack

Children's ministry resources & activities for groups & families exploring this week's theme.

stbartskids.org



Week 4

New Life in Christ

Colossians 2:9-10, 13-15 / 22nd May 2022

OVERVIEW

GATHER

READ

CHAT

DO

PRAY

HOW TO USE THIS RESOURCE

This resource has been written and produced by St Bart's Kids and we're delighted to be able to share this curriculum with you. We pray that it would be an amazing tool to aid teaching and learning occurring either at home or within your children's ministry setting.

This package is part of a larger series on the book of Colossians. The items within this package all pertain to **one session**.

The tabs on this document will help guide the main sections that should be incorporated within a session. Within each section you will find modifications for different age/learning levels - look for the tags Early Childhood, Lower Primary, Middle Primary, and Upper Primary.

All of the items within
If you have any questions or would like to know more about St Bart's Kids resources, please contact hello@stbartskids.org

TIMING

Welcome and play	15mins
Teaching Time (includes morning tea for Early Childhood)	15mins
Game (Kindy - Year 6 only)	10mins
Small Groups/Activities	20mins
Worship	10mins
Check-out	

MATERIALS

- Line tracing Activity cards
- Felt pens
- Paper towel
- Dot Stickers
- Cross printout sheets
- Video Clips
- White A4 Paper
- Masking tape (not ultra-sticky, needs to be able to be peeled off paper)
- Coloured textas/crayons /pencils
- Scissors
- Black scratch art sheets
- Paddle pop sticks or skewers
- Pens/lead pencils
- Clipboards

ADDITIONAL INFO

This week is the fourth of a nine week series studying the book of Colossians.

SESSION OUTLINE

THIS SUNDAY
22nd May 2022

BIBLE FOCUS
Colossians 2:9-10, 13-15

THEME
New Life in Christ

WEEK
4

OVERVIEW

THIS WEEK'S FOCUS

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

ADDITIONAL RESOURCES

The Bible Project

<https://www.youtube.com/watch?v=pXTXlDxQsvc>

Colossians 1 - "All about Jesus" Kids Spot

<https://www.youtube.com/watch?v=AouJpofM7o0>

SERIES OVERVIEW

The letter to the Colossians is a breathtaking and prayer-soaked encouragement to a young church seeking to faithfully walk in the way of Jesus (the resurrected and exalted Messiah), hold fast to the Gospel, and grow in maturity.

Paul paints an evocative picture of the supremacy of Jesus in order that their community and lives would be transformed by the Gospel. We're challenged to grow in our vision of who Jesus is that we might increasingly build our lives upon and around the risen Lord Jesus.

SONGS

1. **You Forgive Me**
<https://www.youtube.com/watch?v=LO-2fm7IKcU>
2. **Thankful**
https://www.youtube.com/watch?v=U_ewLEvA8_o
3. **I Believe in Jesus**
<https://www.youtube.com/watch?v=pLB2UeXvvpQ>

ALL-IN TEACHING QUESTIONS

- What does it mean to have new life?
- What is one way you can use your actions to honor Jesus rather than yourself?

MULTIMEDIA

1. **SBK Kids Talk**
<https://www.youtube.com/c/StBartsToowoomba/featured>
2. **How to live as a Christian kid (Pursue God Kids)**
<https://www.youtube.com/watch?v=UglrMffGHlQ>

GATHER

READ

CHAT

DO

PRAY

MAIN POINT

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

WARM-UPS

- *What does it mean to have new life?*
- *What is one way you can use your actions to honor Jesus rather than yourself?*

TEACHING TIME

New Life in Christ

As Paul continues his letter to the Colossians, he is wanting to them to be left in no doubt that Jesus is God's son and is the king of everything!

Putting our faith in Jesus means that we are to follow him with our whole lives. Saying that we are a Christian isn't something that we do because it sounds nice, or we think that's what is expected of us. Being a follower of Jesus should be something that transforms every day of your life!

We are no longer living our life for ourselves but we give our lives over to God so that He can use them for his great purposes in the world. Our actions are not to be self-centred, but Christ-centred.

We are to follow Jesus each and every day, always seeking to put him first. We don't have to do anything special to get to God, but having a relationship with Jesus and following him is the one way!

Even as we follow Jesus, we are going to do things wrong and sin. But as Paul reminds both the Colossians and us, Jesus has already covered our sins by dying on the cross and rising again.

There's no gap between us and God because Jesus has already made the sacrifice through his death. Because of this we are given glorious new life in Christ because of who he is and his love for us.

APPLICATION QUESTIONS

1. Early Childhood

Who has forgiven our sins?

2. Lower Primary

What happened for us when Jesus died on the cross and rose again?

3. Middle Primary

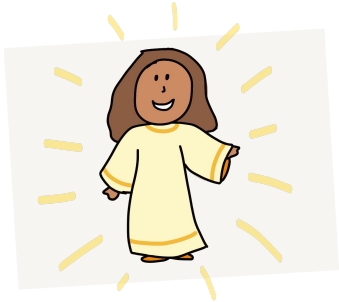
What does it look like to live as a follower of Jesus?

4. Upper Primary

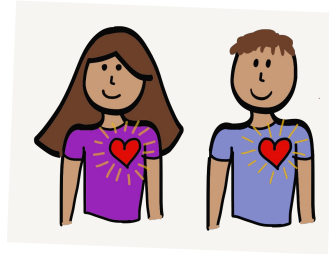
Why was our relationship with God broken? Why is Jesus dying on the cross and rising again so important?

Early Childhood

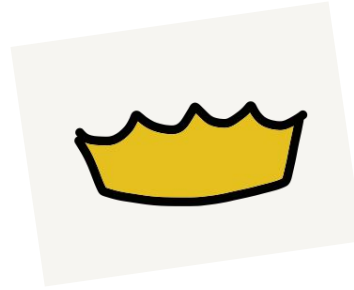
New Life in Christ



God is alive in Christ.



You have been made whole because you belong to Christ.



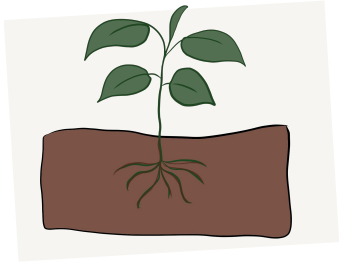
Christ is ruler over everything.



Before you were dead because of your sins.

Early Childhood

New Life in Christ



But God gave you new life together with Christ.



Now your sins are forgiven because Jesus died on the cross.

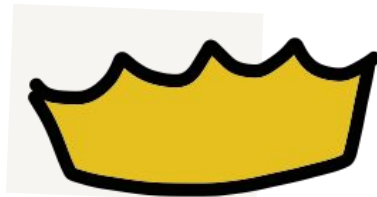


Lower Primary

New Life in Christ



9 God's whole nature is living in Christ in human form.



10 Because you belong to Christ, you have been made complete. He is the ruler over every power and authority.

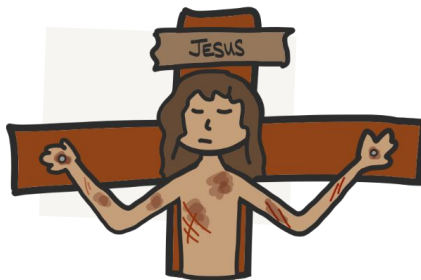
Lower Primary

New Life in Christ



SIN

13 Once you were dead in your sins. But God gave you new life together with Christ. He forgave us all our sins.



14 He wiped out what the law said that we owed. But Jesus has taken it all away and nailed it to the cross.

Lower Primary

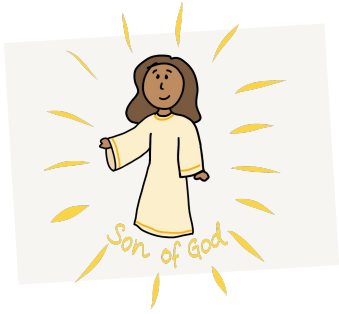
New Life in Christ



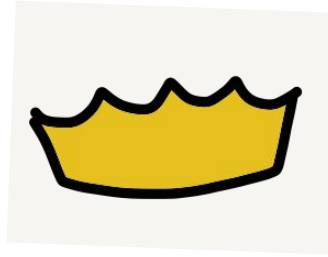
15 He took away the weapons of the powers and authorities. He won the battle over them by dying on the cross.

Middle Primary

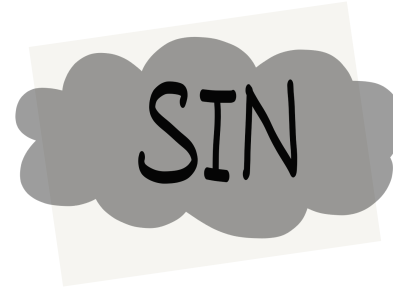
New Life in Christ



9 The fullness of God is living in Christ in human form.

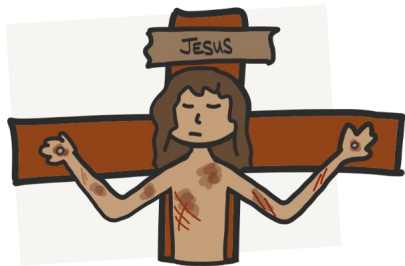


10 Because you have been given fullness in Christ, you have been made complete. He is the ruler over every power and authority.

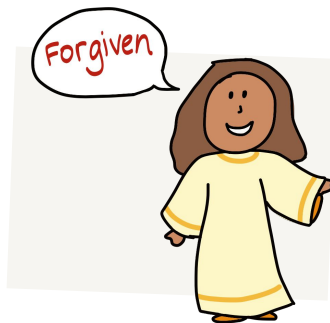


13 Once you were dead in your sins. But God gave you new life together with Christ. He forgave us all our sins.

Middle Primary



14 He wiped out what the law said that we owed. The law stood against us and judged us. But Jesus has taken it away and nailed it to the cross.



15 He disarmed the weapons of the powers and authorities. He made a public show of them. He won the battle over them by dying on the cross.

MAIN POINT

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

Early Childhood**DISCUSSION QUESTIONS**

View SBK ebook: [New Life in Christ](#) (Colossians 2:9-10, 13-15)

- 1. Who is the ruler over everything?**
Jesus
- 2. What does it mean to belong to Christ?**
We are part of God's family. God loves us so much that he would send his son Jesus to die and rise again so our sins would be forgiven.
- 3. What did Jesus do so that our sins would be forgiven?**
He died on the cross. But Jesus didn't stay dead. Through his resurrection, he was victorious over death. He is alive!

PRAYER

Dear God,

THANK YOU for sending Jesus to die on the cross for our sins.

THANK YOU for the new life we have been given in Christ.

Amen

MAIN POINT

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

Lower Primary**DISCUSSION QUESTIONS**

Read Colossians 2:9-10 from SBK Lower Primary Scripture

1. When did you first know Jesus? Do you remember who told you about Jesus?

Invite answers from the group, leader may like to share

2. Is Jesus fully God and fully human?

Yes! Jesus is God's son. When he came to earth, he was still fully God but he was also fully human.

3. Who is the ruler over everything?

Jesus

4. What does it mean to belong to Christ?

We are part of God's family. God loves us so much that he would send his son Jesus to die and rise again so our sins would be forgiven. Now we can be close to God forever.

Read Colossians 2:13-15 from SBK Lower Primary Scripture

5. What did Jesus do so that our sins would be forgiven?

He died on the cross as a sacrifice for us. But Jesus didn't stay dead. Through his resurrection, he was victorious over death. He is alive!

6. Why is it such good news that our sins are forgiven?

Our relationship with God is no longer broken because of our sin, it has been made completely new.

6. What does it look like to live as a follower of Jesus?

When we follow Jesus, we live in a way that honours Him. We can tell other people about Jesus. We can be kind to our neighbours and friends, and love them the way that Jesus would. We can pray to Jesus and read our Bible so that we can grow closer in our relationship with Jesus. And many more!

PRAYER

Dear God,
THANK YOU for sending Jesus to die on the cross for our sins.
THANK YOU for the new life we have been given in Christ.
 Amen

THIS SUNDAY

22nd May 2022

BIBLE FOCUS

Colossians 2:9-10, 13-15

THEME

New Life in Christ

DISCUSSION QUESTIONS

Read Colossians 2:9-10 from SBK Middle Primary Scripture

1. When did you first know Jesus?

Invite answers from the group, leader may share too...

2. What does it mean in v9, "the fullness of God is living in Christ in human form"?

Paul is reassuring the Colossians that Jesus Christ really is fully God and fully human. He is God's son that has come to take away our sins. And Jesus is alive! He rose from the dead so is alive forever.

3. What should our life look like if we belong to Christ?

We should live in a way that honours God. It may be helpful to consider the Fruit of the Spirit in the book of Galatians, and consider how our actions can glorify God.

4. Is Jesus king and ruler over everything?

Yes!

Read Colossians 2:13-15 from SBK Middle Primary Scripture

5. What did Jesus do so that our sins would be forgiven?

He died on the cross as a sacrifice for us. But Jesus didn't stay dead. Through his resurrection, he was victorious over death. He is alive!

6. Why is it such good news that our sins are forgiven?

Our relationship with God is no longer broken because of our sin, it has been made completely new.

6. What does it mean to have 'new life in Christ'?

When we live for Christ, we don't live in a way that is only focused on pleasing ourselves, rather we put Christ at the centre of our lives. Everything we think, do and say should praise Him. Sometimes we will sin, but we can ask for God's forgiveness and ask Him to help us keep our eyes fixed on Jesus.

7. How would you like to grow as a follower of Jesus? What are some things that might be helpful for you to do this?**PRAYER**

Dear God, Thank you that you are alive in Christ.

Thank you that you sent Jesus as a sacrifice for us. Sorry for the times that we sin and don't live in a way that honours you. Please help us to rejoice everyday in the new life that we have been given in Christ, and find ways to point others to Jesus too. Amen

MAIN POINT

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

Middle Primary

MAIN POINT

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

Upper Primary**DISCUSSION QUESTIONS**

Read Colossians 2:9-10 (p 1437 of NirV New Adventurer Bible)

1. When did you first know Jesus?

Invite answers from the group, leader may share too...

2. What should our life look like if we belong to Christ?

We should live in a way that honours God. It may be helpful to consider the Fruit of the Spirit in the book of Galatians, and consider how our actions can glorify God.

3. What do these verses tell us about the supremacy of God?

He is ruler over all! There is nothing, not even death and darkness, that can not be overcome by God. All powers and authorities submit to Him.

4. How can we be sure that Jesus is God's son?

Jesus fulfilled all of the promises that God had made to his people over many years. Jesus died on the cross, but then he rose again victorious over death and is alive! His resurrection has broken to power of death and has wiped out our sins. He has fixed our relationship with God.

Read Colossians 2: 13-15 (p 1437 of NirV New Adventurer Bible)

5. Do we need to do anything to earn God's forgiveness?

No, it has been given to us freely because of God's great love for us. There is nothing that we could do to make God love us any more, and nothing that we could do to make God love us any less.

6. What does it mean to have 'new life in Christ'?

Because of the Jesus' sacrifice for us on the cross, and his glorious resurrection, not only has our old life of sin and brokenness been healed, but we have been given totally new life through Christ. When we live for Christ, we don't live in a way that is only focused on pleasing ourselves, rather we put Christ at the centre of our lives. Everything we think, do and say should praise Him. Sometimes we will sin, but we can ask for God's forgiveness and ask Him to help us keep our eyes fixed on Jesus.

7. How would you like to grow further as a follower of Jesus? What is one more next step that you could take?**PRAYER**

Dear God, Thank you that you are alive in Christ. Thank you that you sent Jesus as a sacrifice for us. Sorry for the times that we sin and don't live in a way that honours you. Please help us to rejoice everyday in the new life that we have been given in Christ, and find ways to point others to Jesus too. Amen

FOCUS

Our relationship with God has been fixed because of Jesus' sacrifice for us, not because of anything we have done to earn it. Because of this we are given new life in Christ.

In this section, you'll find activities for Early Childhood and Primary School aged kids. There's a range of crafts, activities and games suitable for both individuals and groups.

EARLY CHILDHOOD

- Line Tracing
- Dot the Cross
- Freeze
- Masking Tape Cross (*Kindy*)

SUNDAY SCHOOL

- Masking Tape Cross (*Prep*)
- Cross Coloured Scratch Art (*Years 1-2*)
- Growing in God (*Year 3-4*)
- Following Jesus Everyday (*Years 5-6*)

GAMES

- Follow the Leader (*Kindy*)
- Roots in Christ (*Years Prep - Six*)

Line Tracing

YOU'LL NEED...

- Line tracing Activity cards
- Laminator
- Felt pens
- Paper towel

THIS SUNDAY
22nd May 2022

BIBLE FOCUS
Colossians 2:9-10, 13-15

THEME
New Life in Christ

WEEK

4

OVERVIEW

GATHER

READ

CHAT

DO

PRAY

STEPS

1. Print and laminate the line tracing cards.
2. Have washable felt pens available for the children to trace over the dotted lines.
3. Wipe off with paper towel or similar cloth.



Link

Tracing lines is a natural precursor for children who are learning to write. Activities such as this allow children to become familiar with how to hold a pencil, gain pencil control, and practise hand-eye coordination and copying techniques. Included in this line tracing set are various lines and shapes that form pre-writing strokes that children need to learn to form letters. For example, the slanted/zig-zag lines are great for kids learning how to write the letters A, K, M, N, V, W, and Z.

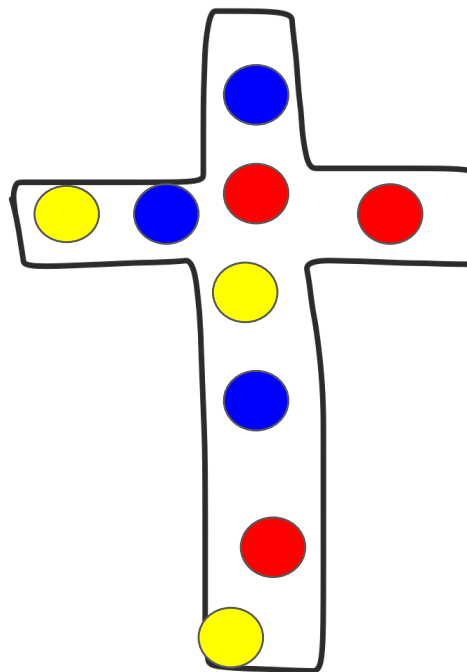
Dot the Cross

YOU'LL NEED...

- Dot Stickers
- Cross printout sheets for each child

STEPS

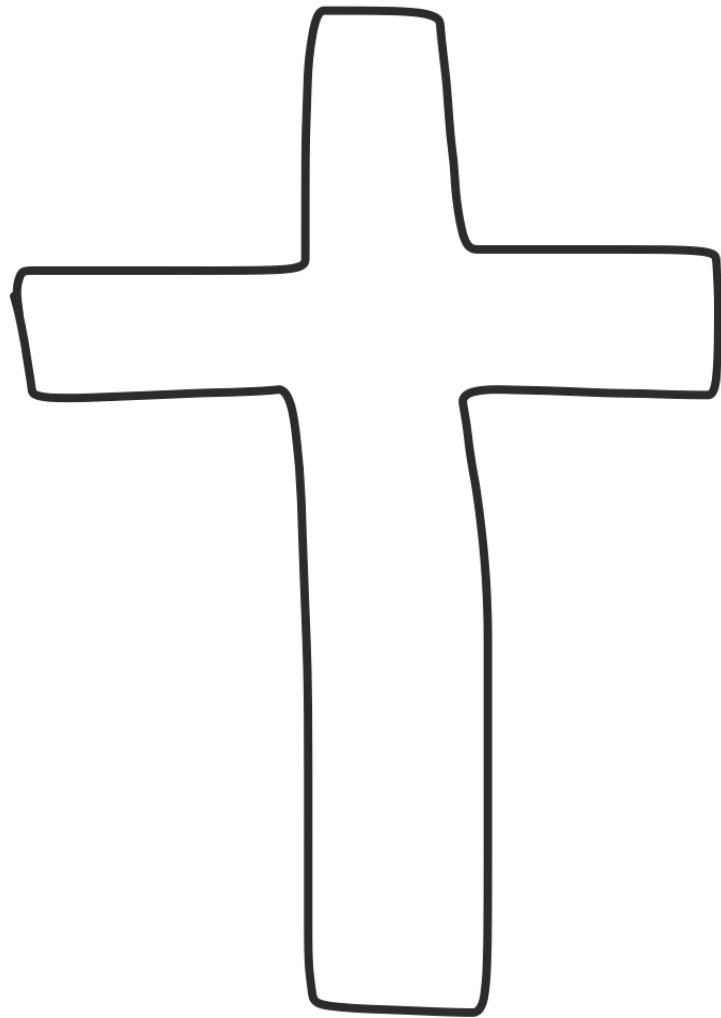
1. Give each child a cross printout sheet and some dot stickers.
2. Get the children to place the dot stickers on their cross.
3. Explain to the children about how when Jesus died on the cross all our sins went on the cross too. Jesus died on the cross for our sins.



Link

All our sins were forgiven when Jesus died on the cross and rose again.

**All our sins were
forgiven when
Jesus died on the
cross and rose
again.**



Freeze

YOU'LL NEED...

- Video clips:
- Animal Freeze Dance
<https://youtu.be/jqz4z9aQRJY>
- Animal Dance and Freeze
https://youtu.be/HpOe8Ingp_o
- Jesus is Alive (Freeze Dance)
<https://youtu.be/ciXWG9viEuw>

THIS SUNDAY
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STEPS

1. Gather the children in front of the TV.
2. Play the Freeze dance videos and encourage the children to follow the actions and freeze when it says freeze.



Link

Following Jesus is something that we do each and every day!

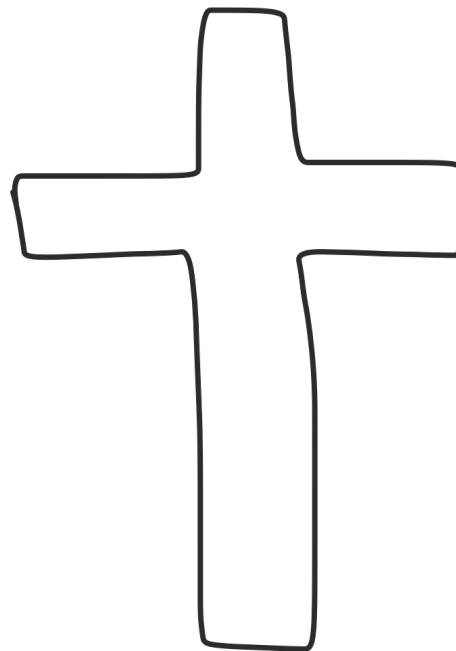
Masking Tape Crosses

YOU'LL NEED...

- White A4 Paper
- Masking tape (not ultra-sticky, needs to be able to be peeled off paper)
- Coloured textas/crayons/pencils
- Scissors

STEPS

1. Make the shape of a cross with masking tape on each A4 page. Be careful to place the masking tape very lightly so that it might peel a little easier later.
2. Give each child one piece of paper each and encourage them to colour in the whole thing! They can colour over the masking tape if they wish
3. When they have finished colouring (ideally with no/minimal white space left), get a leader to *very gently* peel back the masking tape, revealing a white cross.
4. Remind the children that when Jesus died on the cross, he washed away all our sins and made our hearts pure.



Link *All our sins were forgiven when Jesus died on the cross and rose again.*

Cross Coloured Scratch Art

YOU'LL NEED...

- Black scratch art sheets
- Paddle pop sticks or skewers

STEPS

1. Each child is to be given a scratch art sheet and a paddle pop/skewers (be sure to remind the children about safety with pointy things first).
2. Explain to the children that, right now, the sheet in front of us is black and dark. When we sin, it's like living in the darkness, there's distance from God.
3. Encourage the children to first draw a cross. They will reveal all the glorious colour underneath! Remind the children that when Jesus died on the cross, he forgave our sins and granted us new life with Christ. This new life isn't dull and dark, but glorious!



Link

New life with Christ is glorious! This gift has been given through Jesus' death and resurrection.

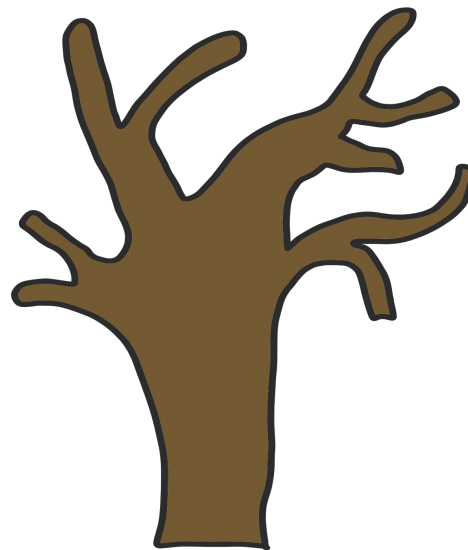
Growing in God

YOU'LL NEED...

- Tree Printout
- Pens/pencils
- Clipboards

STEPS

1. Give each child a printout, pens/pencils and a clipboard
2. Ask the children to identify where the tree roots are, and ask them to write *who* should be at the root of our lives (answer: Christ!)
3. On each of the branches, encourage the children to write or draw different ways that we can honour God with our lives and/or grow in our relationship with Jesus.
4. Challenge the children to take their sheet home and hang it somewhere they will see it at home, maybe in their bedroom. Encourage them to think about ways that they can more intentionally point to Jesus and faithfully follow Him.



Link

We can follow Jesus with our whole lives! There are so many ways that we can grow in our relationship with God, and point other people to Jesus too.

1. Print this page on A4 paper and give the children colour pencils
2. Ask them to write *Jesus Christ* at the base of the tree - he is our roots!
3. On each of the branches, write or draw different ways that we can honour God with our lives and/or grow in our relationship with Jesus.

Growing in God



Following Jesus Everyday

YOU'LL NEED...

- Printout of bookmarks (ideally double-sided) for each child
- Pencils
- Coloured pencils

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STEPS

1. Give each child a bookmark, or allow them to cut their own (there should be 3 double-sided bookmarks per page)
2. Encourage them to think about one thing this week that they could do to intentionally follow Jesus and grow their relationship with him. A few examples, praying each day, reading the Bible with a parent or carer etc.
3. On the reverse, the children may choose to focus on something else or follow over the same for both weeks.
4. Discuss with the children that following Jesus isn't simply a 'tick-box' activity, but it is about building a relationship with him. There are many helpful and healthy rhythms that we can embed in to each day to help grow our relationship with Jesus.
5. If time permits, the children may colour and decorate their bookmark.

Image available via multiple online sources, author unknown.



Link

Following Jesus is something that we do each and every day!

Following Jesus

This week
I will follow
Jesus by
doing this



Colour in
the foot
day by
day as you
follow Jesus!

Lord God
help me to be a
disciple this
week.
Amen

Following Jesus

This week
I will follow
Jesus by
doing this



Colour in
the foot
day by
day as you
follow Jesus!

Lord God
help me to be a
disciple this
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Amen

Following Jesus

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Following Jesus

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Following Jesus

This week
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Following Jesus

This week
I will follow
Jesus by
doing this



Colour in
the foot
day by
day as you
follow Jesus!

Lord God
help me to be a
disciple this
week.
Amen

GAME: Follow the Leader

YOU'LL NEED...

- N/A

STEPS

1. One of the team should be the leader for this game. After multiple rounds, assess whether some of the children might be confident enough to have a turn.
2. The leader issues instructions to the children and it's the children's job to follow each of them. Examples may include:
 - star jumps
 - sit down
 - run on the spot
 - pat head
 - click fingers
 - jump up and down
 - touch toes
 - turn around
 - stand up tall and reach up high
 - stand on tippy toes
 - hop on left foot
 - hop on right foot
 - clap X times
 - follow the leader without the leader saying anything.



Link

Following Jesus is something that we do each and every day!

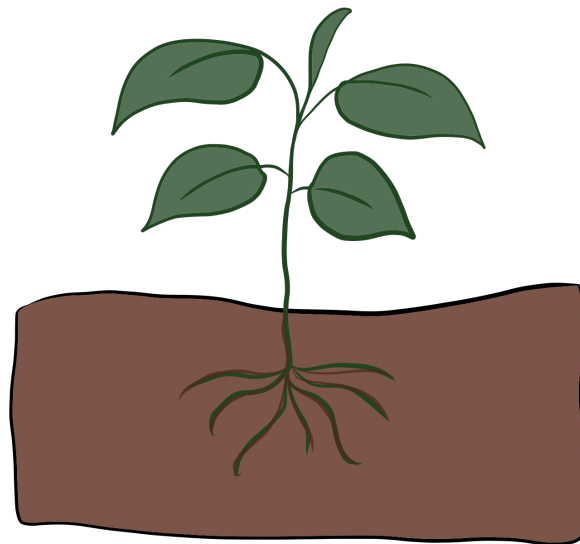
GAME: Rooted in Christ

YOU'LL NEED...

- [optional] background music

STEPS

1. This game is a variation of stuck in the mud, except when tagged, a child becomes a tree trunk, and is 'watered' to spring into new life to be freed!
2. Depending on the number of children, select 5-10 children to be 'it' for the first round of the game.
3. Explain that once the music starts, all children will try to avoid being tagged by a child who is 'it'. If tagged, the child is to freeze and form the shape of a tree trunk with roots (hands above head with wide stance legs).
4. They are freed when another child comes and gives them 3 hi-fives as water, so they have new life just as we have new life being rooted in Christ!



Link

Being rooted in Christ means that we follow Him with our whole life. We have been given new life with Him!

FOCUS

Thankfulness to God for his mercy in sending Jesus as a sacrifice for our sins, and rejoicing in our new life with Christ

EARLY CHILDHOOD

Dear God,

THANK YOU for sending Jesus to die on the cross for our sins.

THANK YOU for the new life we have been given in Christ.

Amen

SUNDAY SCHOOL

Dear God,

Thank you that you are alive in Christ. Thank you that you sent Jesus as a sacrifice for us.

Sorry for the times that we sin and don't live in a way that honours you.

Please help us to rejoice everyday in the new life that we have been given in Christ, and find ways to point others to Jesus too.

Amen

TIPS

Living our lives for Jesus can be hard. It can be helpful to turn to the Fruit of the Spirit as described in Galatians 5:22-23 when praying, asking God to help us show more of these in our everyday lives.

Early Childhood

Dear God,
THANK YOU for sending Jesus to
die on the cross for our sins.
THANK YOU for the new life we
have been given in Christ.
Amen