





The Gospel brings us Freedom

stbartskids.org

Galatians / Galatians 5:1-15

The Gospel brings us Freedom

Galatians 5:1-15



OVERVIEW

RUNSHEET

THIS SUNDAY 8th June 2025 **BIBLE FOCUS** Galatians 5:1-15

The Gospel brings us Freedom

WEEK

HOW TO USE THIS RESOURCE

This resource has been written and produced by St Bart's Kids and we're delighted to be able to share this curriculum with you. We pray that it would be an amazing tool to aid teaching and learning occurring either at home or within your children's ministry setting.

This package connects with our series on Galatians. The items within this package all pertain to one session.

The tabs on this document will help guide the main sections that should be incorporated within a session. Within each section you will find modifications for different age/learning levels - look for the tags Early Childhood, Lower Primary, Middle Primary, and Upper

All of the items within If you have any questions or would like to know more about St Bart's Kids resources, please contact

TIMING

Check-In from... 9:00am

Gathered Worship (Auditorium) (Including Kids Talk) 10mins

SBK Program Begins

Welcome and Teaching 10mins

Game (Kindy - Year 6 only) 15mins

Small Groups/Activities 30mins

Recap and Worship 10mins

Check-out

MATERIALS

Printout Worksheet #1

Coloured pencils / Crayons

Scissors

THEME

Bubble wands or a bubble machine

Printout of hearts Worksheet

Stop and Go signs

Printout of Worksheet #3

Scissors

Paper strips/card strips (3 per person)

Stapler

Felts/markers

Printout of Worksheet #4

Colouring Pencils

Clipboards or table

Wool

Scissors

Balls of string or wool

ADDITIONAL INFO

This resource is the seventh in a ten week series on Galatians.



SESSION OUTLINE

THIS SUNDAY

8th June 2025

BIBLE FOCUS

Galatians 5:1-15

THEME

The Gospel brings us Freedom

7

THIS WEEK'S FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

SERIES OVERVIEW

Galatians is a letter in the Bible written by the Apostle Paul to help people understand that we are saved by believing in Jesus, not by following a bunch of rules.

Some people were teaching the wrong things, and Paul wanted to remind everyone that God's love and grace are free gifts. He explained that faith in Jesus is what really matters, and that through Him, we are all part of God's family.

Paul also encouraged the Galatians to live with love, kindness, and the help of the Holy Spirit.

MULTIMEDIA

- . SBK Kids Talk
- 2. What Freedom is NOT! (Kids on the Move)

ADDITIONAL RESOURCES

Here are some resources we recommend $\ensuremath{\mathbf{f}}\xspace$ or helping teach the Gospel to kids.

1. <u>Storytime - God Loves me more</u> than that

SONGS EARLY CHILDHOOD

- 1. Freedom is Coming (Life Point Church)
- 2. LOVE (Compass Bible Church)
- 3. Jesus Loves Me Remix (CJ and Friends)

SONGS PRIMARY

- Give it Away (LifeTree Kids)
- 2. Freedom is Coming (Life Point Church)
- 3. LOVE (Compass Bible Church)



Early Childhood RUNSHEET

THIS SUNDAY

8th June 2025

BIBLE FOCUS

Galatians 5:1-15

THEME

The Gospel brings us Freedom

7

TEAM INFO

Check In Jackie Bishop

Norah Joseph

Early Childhood

Room Leader Hannah Le Dilly

Parent's Room TBA

Crèche Jess Mengel

Evie Dealtry
Kindy Steve Klettke

Zeke Lean

Sunday SchoolBettrys LowePrepMarcus DealtryYear 1Carrie RobertsYear 2Rob Brodribb

Year 2 Rob Brodribb
Year 3 Lisa Singleton
Year 4 Darran Holder

Year 5 Wendy Strachan Year 6 Rhiannon Dealtry

Sound/Data Anaiah Arthy

Youth

Team Leader Catherine Hock

TIMING

Check-In 9:00am

Gathered Worship (Auditorium)

(Including Kids Talk) 9:30am

SBK Program Begins

Welcome and Teaching

(including Kids Talk and multimedia. Incorporates morning tea time for Crèche & Preschool) 9:45am

Game (Kindy only) 9:55am

Small Groups/Activities 10:05am

Recap/Regroup 10:40am

Check-out 10:45am

MATERIALS

- Printout Worksheet #1
- Coloured pencils / Crayons
- Scissors
- Bubble wands or a bubble machine
- Printout of Worksheet #3
- Printout of hearts Worksheet #2
- Stop and Go signs

ADDITIONAL INFO

Focus Weekend:

We give thanks for the fabulous weekend away at FOCUS and particularly for the chance for people to connect with prayer and each other.

Today:

No Lord's Supper this week.

No CHARGE Youth discussion

Estimated time of check-out: 10:40am



Sunday School RUNSHEET

THIS SUNDAY

8th June 2025

BIBLE FOCUS

Galatians 5:1-15

THEME

The Gospel brings us Freedom

7

TEAM INFO

Check In Jackie Bishop Norah Joseph

Early Childhood

Room Leader Hannah Le Dilly
Parent's Room TBA

Crèche Jess Mengel

Evie Dealtry ndy Steve Klettke

Kindy Steve Klettl Zeke Lean

Sunday School	Bettrys Lowe
Prep	Marcus Dealtry
Year 1	Carrie Roberts
Year 2	Rob Brodribb
Year 3	Lisa Singleton
Year 4	Darran Holder
Year 5	Wendy Strachan
Year 6	Rhiannon Dealtry
Sound/Data	Anaiah Arthy

Youth

Team Leader Catherine Hock

TIMING

Check-In 9:00am

Gathered Worship (Auditorium) (Including Kids Talk) 9:30am

SBK Program 9:40am

Welcome and Teaching 9:45am

Game (Kindy - Year 6 only) 9:55am

Small Groups/Activities 10:05am

Recap and Worship 10:40am

Check-out 10:45am

MATERIALS

- Printout of Worksheet #3
- Scissors
- Paper strips/card strips (3 per person)
- Stapler
- Felts/markers
- Printout of Worksheet #4
- Colouring Pencils
- Clipboards or table
- Wool
- Scissors
- Balls of string or wool

ADDITIONAL INFO

Focus Weekend:

We give thanks for the fabulous weekend away at FOCUS and particularly for the chance for people to connect with prayer and each other.

Today:

No Lord's Supper this week.

No CHARGE Youth discussion

Estimated time of check-out: 10:40am



ALL-IN TEACHING

WARM-UPS

- ☐ Have you ever received a free gift? How did this make you feel?
- ☐ *If you were free to do whatever you* wanted, what would vou choose to do?

TEACHING TIME

The Gospel brings us Freedom

In today's passage, Paul is once again expressing his frustration with the Galatians. He pleads with them to:

- beware of the danger of thinking they have to obey the old laws
- believe that we have been set free through Jesus' death and resurrection
- show their faith in Christ by loving their neighbours as they love themselves

Some people were trying to convince the Galatians that if they wanted to be part of God's people they had to fulfil certain laws like circumcision. Paul reminds them that their efforts alone would <u>never</u> be enough. But thanks to the most wonderful and undeserved gift of Jesus - the people (and that includes us) are forgiven and invited to become God's very own children.

Paul encourages the Galatians by telling them that they have been doing really well, but he can see that they are being tricked by people trying to influence them to believe they have to follow the old laws.

Perhaps it was hard for the Galatians to believe that it was really possible for God to truly adopt us as his children and forgive all our sins FOR FREE!

Sometimes ads on tv promise something that is free, but it turns out vou have to do something or buy something first - so it's not really free. So, just like the Galatians we sometimes have trouble believing that the gift of Jesus could actually be free we don't have to earn it or pay for it.

The joy and freedom we feel from receiving this gift makes us want to share it with others. Paul tells us that the best way to do this is to remember the greatest commandment - to love your neighbour as you love yourself. If we serve one another in love, we can all grow together.

APPLICATION QUESTIONS

1. Early Childhood

How could you thank God for the gift of Tesus?

2. Lower Primary

How could you thank God for the gift of Tesus?

3. Middle Primary

How could you thank God for the gift of Jesus?

4. Upper Primary

How could you thank God for the gift of Tesus?

OVERVIEW

Our Mission: Making and maturing disciples of Jesus Christ, for God's glory.

SBK Purpose: to love, nurture, and disciple children and their families as followers of Jesus.

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FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purpose:

New Children/Families this month:

New Team this month:

Key message:

Team Briefing - notices, upcoming events, focus for kids/families, resources.

2. _____

3. _____

4. _____

BIBLE READING

The Gospel brings us Freedom



God doesn't love us because we keep a bunch of rules. He loves us because he made us and cares for us.



That doesn't mean we can do whatever we like.



The important thing is to love Jesus and show the same love to others.



THIS SUNDAY

Galatians 5:1-15

THEME

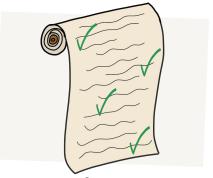
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Lower Primary

The Gospel brings us Freedom



Ch 5 vs 1-3 Jesus has set us free from trying to obey rules to make us right with God. He wants us to enjoy our freedom.



4-6 Some of you are trying to be made right with God by keeping lots of rules. The important thing is to love Jesus and show the same love to others.



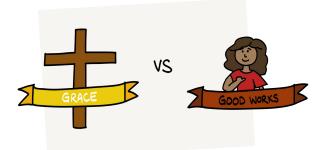
BIBLE FOCUS Galatians 5:1-15

The Gospel brings us Freedom

7

Lower Primary

BIBLE READING



7-8 Some people try to mislead us into thinking that keeping rules will save us. Keep running a good race.



9-12 It only takes one person to cause us to stumble. But I tell you - they will have to answer for the trouble they have caused.



BIBLE FOCUS

Galatians 5:1-15

THEME

The Gospel brings us Freedom

7

Lower Primary



13-14 It's clear that God wants us to live in freedom. Just make sure that you don't use this freedom as an excuse to do whatever you want to do. That would destroy your freedom.



Rather, use your freedom to serve one another in love; that's how freedom grows.



The Gospel brings us Freedom





BIBLE READING

13-14 Regarding rules, this is the main one: "Love others as you love yourself." That's true freedom.

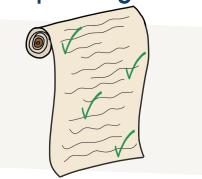


15 If you say or do things that harm one another, watch out! You could end up destroying one another.





Ch5 vs1 Christ has set us free from being slaves to the law. So remain strong in the faith.



2-3 I remind you - you will not be made right with God by obeying the law, as some of you are trying to do.



4-5 We have been separated from Christ because of our sin. Following the law cannot make us right with God. Only faith in Jesus can.



THIS SUNDAY

Galatians 5:1-15

THEME

The Gospel brings us Freedom

7

Middle Primary



7-8 You were running such a good race - but have been led astray and forgotten what is important. Don't let others stop you from obeying the truth.



9-12 It only takes one person to influence and cause others to stumble. But I tell you - they will have to answer for the trouble they have caused.



13 It is clear that God wants us to live in freedom. But don't use this freedom as an excuse to do whatever you want to do.



Middle Primary

BIBLE READING



13 Rather, use your freedom to serve one another in love; that's how freedom grows.



14 Remember the greatest commandment is to "Love your neighbour as you love yourself."



15 If you say or do things that harm one another, watch out! You could end up destroying one another.



THIS SUNDAY

Salatians 5:1-15

TILME

7

FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

Early Childhood

SMALL GROUPS

DDAVED

Dear God.

THANK YOU that Jesus sets us free.

THANK YOU that we don't have to try to earn your love.

HELP US to love others like Jesus loves us. Amen.

DISCUSSION QUESTIONS

View SBK ebook Galatians 5:1-15

- Why does God love us?
 He made us and cares for us.
- Can we do things to make God love us more?
 No. There is nothing we can do to make Him love us more and nothing we can do to make Him love us less.
- 3. Does that mean we can do whatever we like?
 No. We want to live in a way that makes God happy.
- 4. What's the best thing we can do to make God happy?

Love Jesus and show the same love to others..

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1



Galatians 5:1-15

The Gospel brings us Freedom



FOCUS

SMALL GROUPS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

Lower Primary

PRAYER

Saving God,

Thank you that it is in Christ that we've been set free from the ultimate enemy. Help us to use this freedom for your purposes.

In Jesus' name, Amen.

DISCUSSION QUESTIONS

Read Galatians 5:1-15 from SBK Lower Primary Scripture

1. What does it mean if something is free?
Discuss different meanings and contexts... something

Discuss different meanings and contexts... something that doesn't cost anything/something (e.g. an animal) that is not fenced in/people who are able to do what they want.

2. How has Jesus set us free from trying to obey rules to make us right with God? v.1

Jesus died and rose again. We are free if we believe this and have faith in him. He wants us to enjoy our freedom

3. How were some people trying to mislead the Galatians?

They were trying to trick them into thinking that keeping rules will save them.

4. If Jesus says we should enjoy our freedom, can we do anything we like?

No. We want to live in a way that makes God happy.

What would happen if we did whatever we liked? v.13-14

We would lose our freedom. We could hurt our friends by saying or doing things that harm ourselves or them.

- 6. Because of what Jesus did for us, we don't have to follow lots of rules. But there is one important rule God wants us to follow. What is it? v.13-14 Love others as you love yourself.
- How can we grow our freedom?Serve one another in love.
- 8. Ask the children to think of someone who has served them or how they have served someone in love recently. Ask them to think of ways they could serve someone in love today.

Invite children to share examples and then pray together..

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Galatians 5:1



OVERVIEW

FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

Middle Primary

SMALL GROUPS

PRAYER

Saving God,

Thank you that it is in Christ that we've been set free from the ultimate enemy. Help us to use this freedom for your purposes.

In Jesus' name, Amen.

DISCUSSION QUESTIONS

Read Galatians 5: 1-15 from SBK Middle Primary Scripture

- 1. When have you heard/used the word free? Discuss different meanings and contexts... something that doesn't cost anything/something (e.g. an animal) that is not restricted or fenced in/people who are able to do what they want.
- 2. How has Jesus set us free from being slaves? v.1 Through his death and resurrection, we receive freedom by having faith in him. We no longer have to follow the old laws
- 3. True or false?
 - a. If we obey every law we will be made right with God.
 - b. Faith in Jesus can make us right with God.
 - ^c. We were separated from Christ because of our sin.
- 4. Why is Paul worried about the Galatians being led astray? vs. 7-8

He thinks they have forgotten what is important. He is worried that other people are stopping them from doing what they know is right. People are starting to think that they must follow the old laws in order to right with God.

- 6. What does living in freedom look like?
 - Discuss the fact that it doesn't mean doing whatever we want (v.13), but instead we should demonstrate our faith in Jesus by following the greatest commandment Love your neighbour as you love yourself.
- 7. Paul tells the Galatians that it is important to avoid saying or doing things that could harm our friends (v.15). Can you think of a time when you could have treated someone more kindly/with more love than vou did?

This is a good opportunity as leader, to share a personal story - to demonstrate that we are not perfect, but that seeking God's help to love our neighbours helps us to grow as disciples.

8. Ask the children to spend some time reflecting on their interactions with family/friends over the last few days. Suggest that they ask the Holy Spirit to continue to help them serving others in love.

It is for freedom that Christ has set us free Stand firm then and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1



5. How does God want us to live? v.13 In freedom

SMALL GROUPS

HIS SUNDAY

Salatians 5:1-15

7

FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

Upper Primary

PRAYER

Saving God,

Thank you that it is in Christ that we've been set free from the ultimate enemy. Help us to use this freedom for your purposes.

In Jesus' name. Amen.

DISCUSSION QUESTIONS

Read Galatians 5:1-15 from New Adventurer Bible

- When have you heard/used the word free?
 Discuss different meanings and contexts... something
 that doesn't cost anything/something (e.g. an animal)
 that is not restricted or fenced in/people who are able
 to do what they want.
- 2. How has Jesus set us free from the chains of slavery? v.1

Through his death and resurrection, we receive freedom by having faith in him. We no longer have to follow the old laws.

3. Paul can see that many of the Galatians have been separated from Christ and that they have fallen from God's grace (v.4). How do you think the Galatians would have felt about this observation/criticism?

Discuss the fact that they may have been surprised or defensive as they had been influenced to believe that obeying the law would make them right with God.

4. How do you think the Lord has made Paul certain that the Galatians will come to see the truth v.10, and that the troublemakers who have gotten them mixed up will pay the price?

Paul would have prayed to God about the issue.

5. How does God want us to live? v.13
In freedom.

6. What does living in freedom look like?

Discuss the fact that it doesn't mean doing whatever we want (v.13), but instead we should demonstrate our faith in Jesus by following the greatest commandment Love your neighbour as you love yourself.

7. Paul tells the Galatians that it is important to avoid saying or doing things that could harm our friends (v.15). Can you think of a time when you could have treated someone more kindly/with more love than you did?

This is a good opportunity as leader, to share a personal story - to demonstrate that we are not perfect, but that seeking God's help to love our neighbours helps us to grow as disciples.

Ask the children to spend some time reflecting on their interactions with family/friends over the last few days. Suggest that they ask the Holy Spirit to continue to help them serving others in love.

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Galatians 5:1



OVERVIEW

FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

EARLY CHILDHOOD

Dear God,

THANK YOU that Jesus sets us free.

THANK YOU that we don't have to try to earn your love.

HELP US to love others like Jesus loves us.

Amen.

SUNDAY SCHOOL

Saving God,

Thank you that it is in Christ that we've been set free from the ultimate enemy. Help us to use this freedom for your purposes.

In Jesus' name, Amen.

TIPS

Thank God for your own earthly family.

Thank God for your church family.

Thank God for your heavenly family - for all the saints that have gone before you and the worldwide group of believers who you can call brothers and sisters in Christ.

Thank God that because of Jesus, you are a child of God.



The Gospel brings us Freedom

Early Childhood

Dear God,

THANK YOU that Jesus sets us free.

THANK YOU that we don't have to try to earn your love.

HELP US to love others like Jesus loves us.

Amen.



THIS SUNDAY

8th June 2025

Galatians 5:1-15

The Gospel brings us Freedom

Sunday School

PRAY

Saving God,

Thank you that it is in Christ that we've been set free from the ultimate enemy. Help us to use this freedom for your purposes.

In Jesus' name, Amen.



OVERVIEW

FOCUS

Christ's death and resurrection sets us free from not only sin but also from being slaves to the law. This freedom is not given so we can do whatever we want, but rather to serve God's purposes.

In this section, you'll find activities for Early Childhood and Primary School aged kids. There's a range of crafts, activities and games suitable for both individuals and groups.

EARLY CHILDHOOD

- Heart Craft
- Bubbles
- Opposites
- Heart Number Puzzle (Kindy)

SUNDAY SCHOOL

- Opposites (Prep)
- From Chains to Freedom (1-2)
- Hand Trap: From Prisoner to Free (3-4)
- Human Knots (5-6)

GAMES

- Stop, Go (Kindy)
- Tangled Web (Prep-Yr 6)



THIS SUNDAY

8th June 2025

BIBLE FOCUS

THEME

The Gospel brings us Freedom

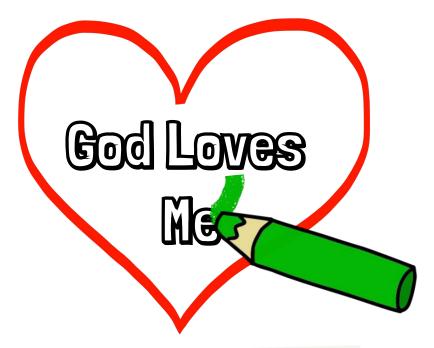
Heart Craft

YOU'LL NEED...

- Printout Worksheet #1
- Coloured pencils / Crayons
- Scissors

STEPS

- 1. Cut out the hearts and give one to each child.
- 2. Encourage the children to decorate their hearts.



Link

God doesn't love us because we keep a bunch of rules. He loves us because he made us and cares for us.



OVERVIEW







Galatians 5:1-15

THEME

The Gospel brings us Freedom

OVERVIEW

Bubbles

YOU'LL NEED...

• Bubble wands or a bubble machine

STEPS

- Have the team wave the bubble wands to produce bubbles for the children to catch and play with.
- If you have small bubble bottles, children could compete in blowing a bubble across the room. If their bubble bursts then they must go back to the beginning and start over again.





Bubbles float free, just like we are free because of Jesus. We don't have to worry about trying to be good enough. Jesus did it all for us.



BIBLE FOCUS

THEME

The Gospel brings us Freedom

7

OVERVIEW

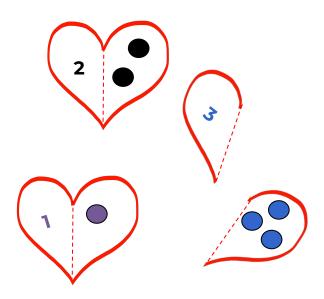
Heart Number Puzzle

YOU'LL NEED...

- Printout of hearts Worksheet #2
- Scissors

STEPS

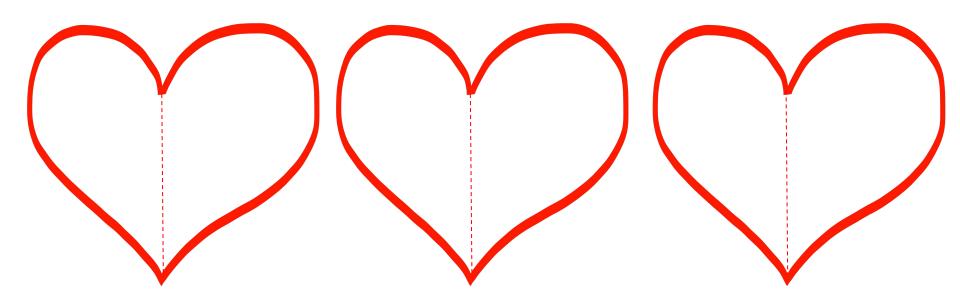
- Print out the heart worksheet enough to have 10 hearts and cut them out.
- On one side of the heart write a number, on the other side draw the same amount of dots as the number.
- 3. Cut the hearts in half and scatter them on the table or floor.
- Help the children match the hearts back together, with the same number as dots.





God doesn't love us because we keep a bunch of rules. He loves us because he made us and cares for us.







BIBLE FOCUS

THEME

The Gospel brings us Freedom

Opposites

YOU'LL NEED...

- Printout of Worksheet #3
- Scissors

STEPS

- 1. Lay the opposite picture images face down in rows.
- One at a time children turn over two cards, if they are the opposite they keep them.
- If they don't match the cards are turned face down again and it's the next child's turn.
- Keep playing until all cards have been matched. The winner is the child with the most cards at the end.





The Galatians were being pressured to conform to a works based salvation rather than the opposite of what the Gospel promoted = grace by faith.



30

OVERVIEW

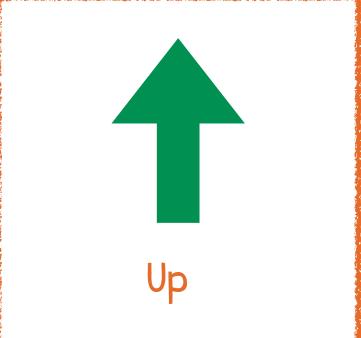


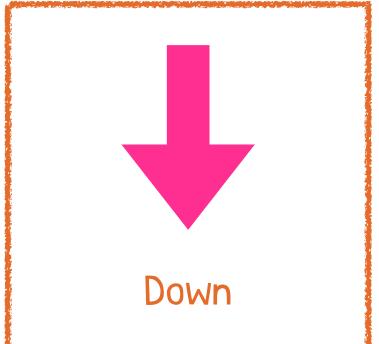
The printable OPPOSITE CARDS can be found on the next page.

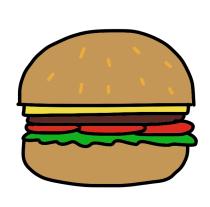
















Water

Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

Matching Opposites

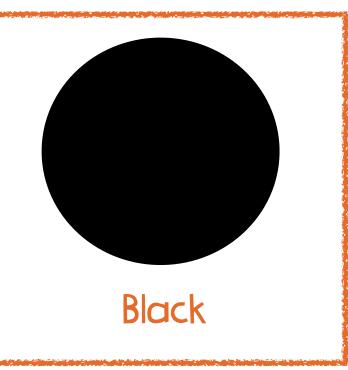
Galatians 5

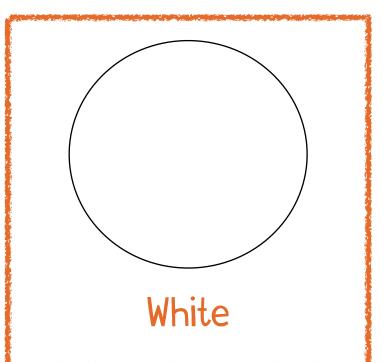
Matching Opposites

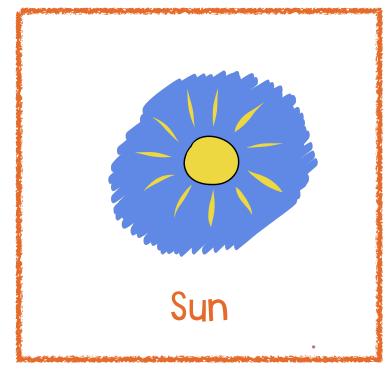
Galatians 5

Matching Opposites

Galatians 5













Matching Opposites

Galatians 5

Matching Opposites

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Galatians 5

Matching Opposites

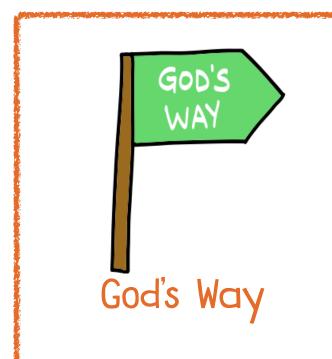
Galatians 5

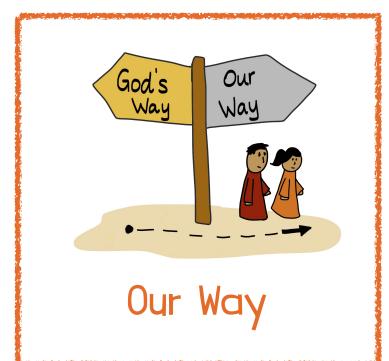
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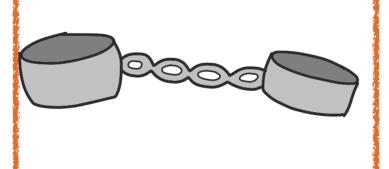
Galatians 5











Trapped



Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

Matching Opposites

Galatians 5

THIS SUNDAY

BIBLE FOCUS

THEME

The Gospel brings us Freedom

WEEK

7

From Chains to Freedom

YOU'LL NEED...

- Paper strips/card strips (3 per person)
- Stapler
- Felts/markers

TEPS

- 1. Each child is to receive 3 paper strips.
- 2. The Gospel gives us freedom, but sometimes we might fall into the trap of allow practices or temptations to stop us from experiencing the freedom that we can have in Jesus. Brainstorm together - perhaps on a small whiteboard, what some of these temptations might be.
- Then have the children pick ONE of these to write on ONE of their strips of paper. (The one they find most challenging).
- Then using the strings, each child binds together their hands by fitting one strip to each of their wrists (staple ends of paper together). The third (the one written on) is to be the loop that joins the two together so it appears like handcuffs or chains.
- 5. Once everyone is fitted with chains, on the count of three, shout together "Jesus sets us free!" and they children are to pull their hands apart in order to break the chains.



Examples might include:

- Following laws
- Fear
- Screen time
- Caring about what others think more than God
- Not prioritising time in prayer



It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1



OVERVIEW

HIS SUNDAY

Galatians 5:1-15

THEME

The Gospel brings us Freedom

7

Hand Trap: from prisoner to free

YOU'LL NEED...

- Wool
- Scissors

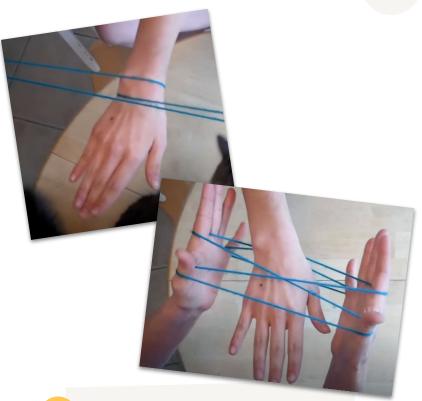
STEPS

- Children need to form pairs for this activity. Each pair gets a piece of wool, that needs to be knotted together so as to form a continuous loop. Secure and cut off any long ends.
- Watch this tutorial (best to do beforehand and then just demonstrate live to the children), which shows how to do this 'hand trap' tutorial (images on this page sourced from this site tutorial).

https://www.youtube.com/watch?v=qY8i4Li-Smg

 Allow the pairs to practise this string trick with each other

Extension: for other, more complex string trick tutorials, head to: https://www.youtube.com/playlist?list =PL83B04FE963627434



Link

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Human Knots

YOU'LL NEED...

N/A

STEPS

- 1. Form teams of approximately 10 people in each team.
- 2. The aim of the game: Unknot everyone in the group, without letting go of each others' hands.
- 3. Teams form a circle. Everyone places one arm inside the circle. Hold the hand of someone else (it can't be the person standing next to you.)
- 4. Place your other arm in the circle. Hold the hand of a different person (it still can't be the person standing next to you.)
- 5. Without letting go of your hands, try to unknot the group.

Reflection: talk about how often with this game it is hard to get 'free'. That we are trapped and bound by the situation we got ourselves into. Compare this to what Paul was talking about to the Galatians and how Jesus offered freedom from the yoke of the law; that because of Jesus' death and resurrection we have not only freedom from sin and death but also freedom from the law.





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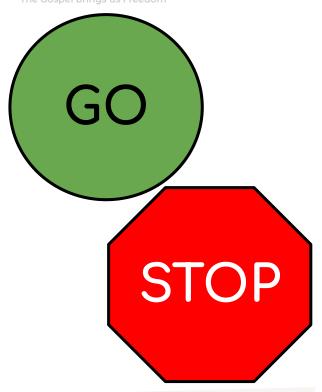
The Gospel brings us Freedom

GAME: Stop, Go

YOU'LL NEED...

• Stop and Go signs

- 1. Hold up the STOP sign. Ask the children what it says and what it means.
- 2. Hold up the GO sign. Ask the children what it says and what it means.
- 3. Line the children up on one side of the room. Have a leader stand at the other end.
- 4. When the leader holds up GO, the children run towards the leader. When the leader holds up STOP. they stop.
- 5. Play until they reach the other side.





God's love never stops. His love goes on forever. But God doesn't love us because we keep a bunch of rules. He loves us because he made us and cares for us.



Galatians 5:1-15

THEME

The Gospel brings us Freedom

EEK

7

OVERVIEW

GAME: Tangled Web

YOU'LL NEED...

Ball of string or wool

STEPS

- Place children in groups of 10-16 people. Each group stands in a circle and one players is given a ball of string/wool.
- The player with the string says the name of another child and holds the end of the string and throws the ball of string to that child. Note: they cannot throw it to a person either side of them - it must be around/across the circle.
- 3. The child now with the string does the same, saying the name of a child (who does not currently have any string) and throws the ball of string (whilst still holding the strand of string themselves).
- Repeat step 3, until all in the group are holding onto the string and the ball it back at the original player. Each circle should look like a tangled web.
- 5. Pause until all groups are up to this step. Next, groups must work together to UNTANGLE the web. In this process, they will inevitably create some knots and feel trapped or like it is impossible.
- 6. After some time, pause all the groups and explain how this is what it is like when we are trapped by sin or the law. But because of Jesus, we are given freedom.



Image Source: http://www.frugalteacher.com/2014/08/tangled-web-team-building -activity.html



Paul explains to the Galatians that following rules in order to be saved is like being trapped or prisoner.

Instead, Jesus offers freedom through grace!

