

CHARGE Youth Discussion Questions Outline

GRADE
7-12

Date & Week

December 28, 2025 (Wk 5)

Bible Focus

Hebrews 12:1-13

Theme Focus

New Year

Discussion Questions

Main Point: Fix your eyes on Jesus. In life there can be many things that distract us. Part of following Jesus is keeping our focus on Jesus, no matter how difficult things get.

Warm-up questions

1. What are your big hopes and dreams for the race that God has set out for you in 2026?
2. What do you think could be some of the challenges that you will need to persevere with?

Read Hebrews 12:1-13

3. Why does it matter where we actually look? What tends to happen when we fix our eyes on things?
4. Who is the author referring to when they talk about the 'huge cloud of witnesses'? [HINT: It was be good to flick back to Hebrews 11].
5. The Bible compares living the Christian life to running a race. What does it tell us often stands in our way?
6. Consider a professional athlete for a moment. Do you know what their training regime looks like? How hard they need to work? How many years they train before they make it to the 'big league'?



If possible, show a section of an Olympian's training regime (such as the following):

[https://www.youtube.com/watch?](https://www.youtube.com/watch?time_continue=224&v=5_tBGyhSWMQ&feature=emb_logo)

time_continue=224&v=5_tBGyhSWMQ&feature=emb_logo

Most people would not call this 'fun'. It takes lots of dedication and discipline. The Bible often compares our work as Christians to this. It is hard work to follow God and to "run the race" he wants us to.

7. Who are we meant to keep looking to for help? How is looking to him meant to help us? (We are told to keep our eyes fixed on Jesus. By reminding ourselves how much Jesus suffered, it provides us with hope during the times when we feel down, tired, despondent, or doubting our faith.)

8. How does fixing our eyes on Jesus help us to endure and persevere?

9. What is the reward we are working towards?

Application

10. What are some really practical elements that you could integrate into your life next year (daily and weekly) to help keep your eyes focused on Jesus?

Prayer

Dear God, Thank you that we have such a great cloud of faithful followers of Jesus that we can look to for encouragement. Thank you that through Jesus' suffering and death, we can know of the hope you offer. Thank you for loving us enough to discipline us. We ask for endurance in understanding and accepting hard things in order to grow more as followers of Christ. Amen.

And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. Hebrews 12:1-2