

CHARGE Youth Discussion Questions Outline

GRADE
7-12

Date & Week

February 22, 2026 (Wk 4)

Bible Focus

John 5:1-18

Theme Focus

Healing Paralysed Man

Discussion Questions

Main Point: Jesus has authority to heal and Jesus tells us that he is equal to God.

Warm-up questions

1. Have you ever been in a situation when you felt helpless? Invite youth to share.

Read John 5:1-18

2. How do you think all those people who lay by the pool, were feeling as they waited for the waters to bubble up?
3. What seems strange about the question that Jesus asks the man who had been unable to walk for 38 years v6?
4. What help is the man looking for?
5. How is Jesus' response very different from what he expected? (verse 8)
6. How was this possible? When have we seen this happen before?
7. How did Jesus point out that healing is more than just physical healing of our bodies v14-16?



8. Why weren't the Jewish leaders happy?

9. How did Jesus' answer in v16 make them angry?

10. Because Jesus is God, we can ask him to heal our hurts. Talk together about needs for physical healing. Or for the healing of broken friendships,, anxiety - or hurtful things that have been said.

Deep dive:

***It could be important to have a discussion about how just because God is able to heal all people, he clearly (just like in this story) may choose to heal some and not others. This is often a really hard thing for us to understand, especially if we have loved ones who are suffering. Remember God's timing is not ours and his desire is that there would be no pain and suffering in the world. But just because we don't understand his timing, doesn't mean that he doesn't care. We can trust that God has a bigger and better plan than we can imagine.*

*** Another topic for discussion that might come up is the role of 21st century medicine and medical providers in healing.*

Application

11. How do you see Jesus' authority expressed in this passage? In what ways do you respond (or not respond) to Jesus' authority now?

Prayer

Gracious Father, Thank you that Jesus brings life and healing. Help us to see the authority he has, and respond willingly to all he says and commands. Amen.

Then Jesus said to him, "Get up! Pick up your mat and walk". At once the man was cured; he picked up his mat and walked. John 5:8-9