

# CHARGE Youth Discussion Questions Outline

GRADE  
**7-12**

**Date & Week**

**Jun 28, 2026 (Wk 1)**

**Bible Focus**

**Luke 11:1-12 & 22:39-46**

**Theme Focus**

**Jesus & Prayer**

## Discussion Questions

**Main Point:** Jesus modelled the importance of daily prayer - to stay faithful, humble, and obedient to our Heavenly Father.

### **Warm-up questions**

1. When are you most likely to pray? When life is hard, when things are going well, or at set times each day? Why do you think that is?
2. Think about a time you have prayed for someone or something. Did you receive an answer to your prayer straight away? Did you have to wait for an answer? Are you still waiting?

### ***Read Luke 11:1-12***

3. The disciples saw Jesus praying regularly and asked, "Lord, teach us to pray." What do you think they noticed about Jesus' prayer life that made them want to learn from him?
4. Jesus taught them the Lord's Prayer, which included 4 steps to follow when we pray. What were the 4 steps?
5. Read Luke 11:5-10. Jesus is teaching a lesson in persistence. Suggest why this is important in prayer?



## **Read Luke 22:39-46**

6. From Luke 22:39-46 we see that Jesus was deeply anguished. So much so that 'his sweat was like drops of blood falling to the ground'. What was the reason for His distress?
7. Jesus prayed honestly about what he was feeling: "Take this cup from me." What does this teach us about being honest with God?
8. Jesus also prayed, "Yet not my will, but yours be done." Why can it be difficult to pray this prayer?
9. Jesus prayed both alone and with his disciples nearby. Why do you think both personal prayer and praying with other Christians are important?

## **Application**

10. The Lord's Prayer is a special gift from Jesus to help us talk to God. If you find it difficult to pray, this is a great place to start. How might you incorporate the Lord's Prayer into your day?
11. What's one small step you could take this week to make prayer a more regular habit in your life?

## **Prayer**

Heavenly Father, Thank you that Jesus didn't just teach about prayer, but made prayer a regular part of his life. Help us to make prayer a regular habit in our lives too. Teach us to trust you when life is uncertain, to be honest with you about our fears and struggles, and to seek your will above our own. In his name we pray, Amen.

*One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples." Luke 11:1*